

# PILATES

## IN THE PARK

**JANUARY 28 • FEBRUARY 25**  
**MARCH 24 • APRIL 21 • MAY 19**

**10:00 AM**

**ONE SATURDAY PER MONTH**

**Circle Park in Downtown Sebring**

**FREE FOR EVERYONE**

**Perfect for any exercise level.**

**Bring a mat or  
towel and enjoy  
50 minutes  
of Pilates Fun!**



will give-away a one month  
**FREE membership** and  
**FREE week-long passes**  
for everyone who attends

PRESENTED BY

**GOLD'S GYM.**

